



A just weight  
and balance

are the  
LORD'S:

Thus saith the Lord...

# Finding Peace

Matthew 6:25-34

- As we are living in unusual times  
I thought we should look at  
God's word as our  
antidote for worry.
- But, you are saying preacher  
that we shouldn't worry.
  - That is right!
- There is a difference between  
“worry” and “concern”.

- There is a difference between “worry” and “concern” as illustrated below:

- Genesis 39:6 (HCSB)

**He (Potiphar) left all that he owned under Joseph’s authority; he did not concern himself with anything except the food he ate.**

God doesn't want us to live in...

**FEAR...**

**ANXIOUSNESS...**

**WORRY...**

**DOUBT.**

He wants us to  
live with Him in

**PEACE.**

It's interesting to note that  
our word for worry  
comes from  
an English word meaning...  
**TO CHOKE... OR STRANGLE.**

"to slay, kill or injure  
by biting and shaking the throat"  
(as a dog or wolf does),  
from Old English..."

(<https://www.etymonline.com/word/worry>)

- FEAR...
- WORRY...
- ANXIOUSNESS...
- Perhaps like nothing else...
- Strangle the life out of us...
  - It chokes out:
    - JOY...
    - HAPPINESS...
    - PEACE...
    - SERENITY.

- The Greek word for **WORRY** means literally **TO HAVE A DIVIDED MIND.**
- **Creating an internal tug-of-war...**
  - Robbing us of **FAITH** & **PEACE**...
  - Sometimes making us **MISERABLE.**

The Bible is filled with  
verses about...

- PEACE IN THE  
TIME OF TROUBLE...

- PEACE IN  
A PANDEMIC.

- Listen to these verses that promote **PEACE** instead of worry and anxiousness.
  - I want you to **NOT JUST HEAR THESE WORDS...**
  - But allow their message to **SINK INTO OUR HEARTS.**

- Psalm 34.14

- **SEEK PEACE**  
**AND**  
**PURSUE IT.**

- Psalm 4.8

- IN PEACE

I will lie down and sleep;

- FOR ONLY YOU O LORD,

can make me dwell in

PEACE AND SAFETY

- Isaiah 26.3
- You will keep in PERFECT PEACE  
all who trust in You  
whose thoughts  
are fixed on You!

- **2 Thessalonians 3.16**

**May the**  
**LORD OF PEACE**  
**himself**  
**GIVE YOU PEACE**  
**at all times**  
**and**  
**in every way.**

# 1 Peter 5.7

**Cast all your**

**CARES**

**All your**

**ANXIETY**

**on Him**

**Because He cares for you.**

# Colossians 3:15

Let the

PEACE OF CHRIST

rule in your hearts

- Philippians 4:6 & 7

**DO NOT BE ANXIOUS  
ABOUT ANYTHING**

**But in everything, by  
prayer and petition,  
with thanksgiving**

- Philippians 4:6 & 7

**Present your requests to God.**

**And**

**THE PEACE OF GOD,**

**which**

**transcends**

**all understanding,**

**will guard your hearts  
and your minds.**

- **John 14:27**

**Peace I leave with you...**

**MY PEACE I GIVE YOU...**

I do **not** give to you  
as the world gives.

**Do not let your hearts be**

**TROUBLED...**

**Do not be AFRAID.**

- The word **PEACE** is used some **429** times in our KJV Bible...

- GOD WANTS US to become a people whose FAITH AND TRUST IN HIM

**IS SO INTENSE THAT IT LIMITS:**

- **OUR DOUBT**

- **ANXIOUSNESS**

- **AND WORRY.**

- FEAR

&

- TRUST

- Cannot

occupy the same heart  
at the same time.

- In the middle of the **Sermon On The Mount**  
Jesus

- Gives us **ADVISE**

about how we can best deal with  
Anxiety and Worry.

- **How to overcome.**

- **WORRY IS UNREASONABLE.**

**DO NOT WORRY ABOUT**

- **YOUR LIFE,**
- **what you'll eat or drink;**
- **or about your body,**
- **what you will wear,**
- **is not life more important than food,  
and the body more important than  
clothes?**

**(Matthew 6:25)**

**Worry is unreasonable because**

we tend to worry about the

**WRONG THINGS.**

**For what is seen is**

**TEMPORARY,**

**but what is unseen is**

**ETERNAL.**

**(2 Cor 4:16)**

- To worry about something we cannot change **is unreasonable.**
- If we can change it...  
**change it!**
  - If we can't...  
**don't worry about it.**
- The important thing is the wisdom to **know the difference.**

- Worry is unreasonable because it  
always

**EXAGGERATES THE PROBLEM.**

- When we worry about something  
**the more fearful it becomes**  
every time we  
rehearse the worry...

- **So stop watching COVID-19  
programming all day every day.**

- Jesus is telling us that worry is...
  - ILLOGICAL
  - UNREASONABLE
  - EVEN HARMFUL
- Because it throws things all out of proportion.

- **WORRY IS**  
**UNNATURAL.**

- Look at the **birds** of the air;
- They do not sow or reap or store away in barns, and yet your heavenly Father feeds them.
  - Are you not much more valuable than they?
- Consider the **lilies**. Yet King Solomon in all his glory was not clothed as beautifully as they.  
(**Matthew 6:26-29**)

- **God says...**
- **I take care of birds...**
- Aren't you a lot more valuable than they?
  - He says...
  - I take care of the **lilies of the field.**

- Jesus says....
- Animals don't worry...
- Plants don't worry...
  - WHY?...
- Because Psalm 145.16 tells us...
  - God satisfies the desire of EVERY LIVING THING.

- Are you listening?
- THE ONLY PART OF GOD'S CREATION THAT DOESN'T TRUST HIM FOR THEIR WELL BEING IS.
- PEOPLE... HUMANS... US!

Sometimes people tell me...

But brother Phil

**I'm a born worrier.**

That's not true...

**WORRY IS**

**A LEARNED RESPONSE.**

God created us with the  
ability to overcome

Anxiousness

with faith

Worry

with peace.

We can stop worrying

Because

# Proverbs 12.25

An ANXIOUS HEART

weighs a man down...

# Proverbs 14.30

Peace of mind

makes the

body healthy

(GNB)

# WORRY DOESN'T HELP

## Matthew 6:27

Who of you by worrying  
can add a single hour to his life.

- If anything worry  
shortens life  
instead of lengthening it.

- Worry can't change the past nor the future...
- IT ONLY MESSES UP THE PRESENT.
- Jesus concludes...

Therefore do not worry about tomorrow... For tomorrow will worry about itself. Each day has enough trouble of its own.

(**Matthew 6:34**)

# WORRY IS UNNECESSARY.

**If God cares  
for the flowers  
that are here today  
and gone tomorrow,  
won't He surely care  
more for you!**

**O you of little faith?**

**(Matthew 6:30)**

When we were growing up  
and had a need

we went to our parents  
for HELP!

We knew they would do  
ALL THEY COULD FOR US..

Because we were their children..

It never crossed our mind that they  
wouldn't do what was BEST for us.

**God says...**

***DON'T WORRY.. TRUST ME...***

***Ask and it will be given to you...***

***Seek and you will find...***

***Knock and the door  
will be opened to you.***

***Which of you, if his son asks for bread,  
will give him a stone?***

***Or if he asks for a fish,  
will give him a snake?***

**(Matthew 7:7-11)**

Remember what Paul says in  
**Philippians 4.19**

*God will meet*

**ALL YOUR NEEDS**

*according to his glorious riches  
in Christ Jesus.*

James says...

Cast ALL your cares upon Him...

Like a father...

He loves...

He cares...

(1 Peter 5:7)

He provides ALL YOUR NEEDS!!...

Is there anything outside of ALL?...

EVEN OUR COVID-19 CARES!

# WORRY IS UNGODLY.

**WORRY INDICATES  
WE HAVE A MISUNDERSTANDING OF GOD  
AND WHAT HE IS LIKE.**

- We misunderstand  
that He treats US...

**AS HIS CHILDREN...**

**AS SHEEP OF HIS PASTURE...**

- • We forget that He is working all things out...
  - TO OUR GOOD...  
(Romans 8:28)

- We misunderstand that

**HE WILL NEVER FORSAKE US...**

**(Hebrews 13:5)**

- **THAT NOTHING CAN REMOVE US FROM HIS LOVE.**

**(Romans 8:35)**

**So...The issue really is...**

- **NOT WORRY...**
- **HAVE FAITH**

Worry is always a...

WARNING LIGHT

A CAUTION SIGNAL

Indicating we have some

MIXED UP VALUES

- It means something is wrong.
- Something else has taken first place  
in our life besides

GOD AND OUR FAITH IN HIM.

- The commandment at Sinai was...

**No other gods before me.**

**(Exodus 20:3)**

- **Love God with all your...**

**Heart...**

**Mind...**

**Strength...**

**Soul...**

**ALL YOUR BEING.**

**(Matthew 22:37)**

# Nothing takes the place of God

**Not family...**

**Not friends...**

**Not Politics...**

**Not country..**

**NOTHING.**

Here is God's promise:

IF WE WILL MOVE HIM TO

FIRST PLACE

HE'LL TAKE CARE OF  
ALL THESE OTHER THINGS.

So the question becomes...

Have we made God first in our life?...

REALLY?

- Trust God to care for **THINGS BEYOND OUR CONTROL.**
- The root of worry is found in **Matthew 6:30**...
  - Are you ready for this?
- **O YOU OF LITTLE FAITH.**

- Have our worries ever changed anything
- Solved any problem
- Made anything better?

- Paul is saying...
- In this pandemic...
  - We can either **PANIC** or **PRAY**
  - There are over **7,000 promises** from God in His Book.
    - They are like **an insurance policy.**

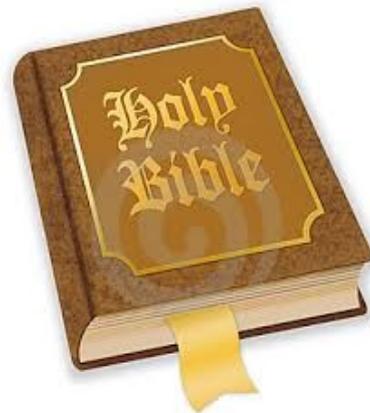
- When we get an insurance policy we READ what it covers...
  - And once we KNOW what the policy covers...
- WE DON'T WORRY ABOUT IT ANY LONGER.
- We know if something happens the insurance company will take care of it.

- Paul gives us this advice in **Philippians 4.6-7**
- **And the peace of God,**
  - **which transcends**  
**all understanding,**
  - **will guard your hearts**  
**and your minds in Christ Jesus**

**The doors of the church  
are open.**

**The Spirit and the Bride  
Say  
“Come”.**

**Revelation 22:17**



- 05-17-20 Tryon, NC  
(year of pandemic)